

OFFICE WORKSTATION: AN ERGONOMIC APPROACH*

Dian Kemala Putri, Widyo Nugroho

Working Analysis and Ergonomic Laboratory

Industrial Engineering Department – Gunadarma University

e-mail: dian@staff.gunadarma.ac.id

dian_kemalaputri@yahoo.com

widy@staff.gunadarma.ac.id

ABSTRACT

Office, as second home for employees, needs interior design which pleasant, comfortable, and increases employees work spirit. Today, office image's has influenced by computer age that makes office more simple and efficient. Modern office concept is a workstation, which needs computers and its equipments, reflects working changes which emphasizes teamwork and open management. Changing of office design and interior that not considering ergonomic approach makes employees feel uncomfort, get fatigue rapidly, and decrease productivity.

This paper is an effort to analyze lay out and workstation design based on ergonomic approach. The object is Administration, Academic, and Student Service Office (BAAK) Gunadarma University. Methods for this paper are direct observation, interview, workstation measurement, and taking photograph at BAAK Office.

Using of workstation concept for office is predicted suitable because it makes office looks simple, formal, only needs limited area, tidy, safe, give convenience, and finally increases working spirit.

Keywords: workstation, BAAK, ergonomic, anthropometri

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